

Who are the people in your Neighbourhood?

Connect with your 6-8 closest neighbours, find out their contact information and share yours so you can stay connected.



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The Eastern Shore Musquodoboit Community Health Board believes that strong connections with our neighbours are vital, not just in emergencies, but for our overall well-being. Let's bring back the spirit of community, supporting each other through good times and tough ones.

Check out our Neighbourhood Kit at <https://artsyfartsy.ca/esmchb> for more ideas on connecting with your neighbours.

